



# FROM THE FOUNDER'S

Dear Readers.

"Your own words are the bricks and mortar of the dreams you want to realize. Your words are the greatest power you have. The words you choose and their use establish the life you experience"

The above quote has made me realize and cherish the dream that I had "to give back to society". The year that ended has brought in a lot of hopes in many lives and the change has happened because of the support from all stakeholders and funders at all levels.

The government cannot alone bring in a lot of reforms and the platform of the NGO turns into the base for implementing and supporting the Govt mission in achieving the dream of United Bharat or Aatm Nirbar Bharat.

At AROH Foundation, we have always acknowledged that collaboration and convergence with Govt schemes would pave a better result and it has become a necessity rather than a choice. To bring in a sustainable change at the grass root, we have adopted the principle of involving the local government bodies, individuals, institutions, media, communities and corporates as well.

In the two decades-long journey, the Foundation has directly impacted the lives of more than 10 lakhs and indirectly covering more than 25 lakh families and children. The achievement was possible because of the sustained partnerships with relevant stakeholders and Government bodies.

In the year ended 2020-21, we had to re-align ourselves in the wake of unprecedented COVID. We have added another chapter to our journey- exploring new paths, setting new benchmarks and raising ourselves above the challenges to bring a ray of hope in the lives of downtrodden and deprived families and children of the remotest of the remote villages and communities. Along with challenges, COVID was a blessing in disguise for us. it brought front the much needed digital push in various sectors, including our working too.

Everyone at AROH has upgraded themselves as per new normal and again we commit to continue our journey in empowering the less privileged and downtrodden and strengthen our resources to create a better tomorrow. As the saying goes "We can't help everyone but everyone can help someone", we would strive harder to shape up more lives in the coming years.

> Neelwn Gupta DR. NEELAM GUPTA (FOUNDER PRESIDENT & CFO)

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# PROMOTING SUSTAINABLE DEVELOPMENT GOALS





































AROH has been advocating the SDGs

through implementing projects that works on the principles of SDGs. The Sustainable



Development Goals are the blueprint to achieve a better and more sustainable future for all. They address the global challenges faced by every community across globe from poverty, inequality, climate, environmental degradation, prosperity, and peace & justice.

AROH being a signatory of GCNI (Global Compact Network of India), has been implementing projects that support SDGs goals.

Addressing all 17 SDGs

# **AROH'S OUTREACH**



# AROH'S FOOTPRINT



# **IMPACT IN LAST 1 YEAR**



# EDUCATION & SCHOOL INFRA DEVELOPMENT

1200 Children Covered Improved Learning Outcomes in more than 1200 children



## HEALTH & SANITATION

More than 25 schools & around 2500 girls covered under the Health & Sanitation interventions



## BETTER AGRICULTURE PRACTICES

More than 1000 farmers trained in better & sustainable agriculture



## SKILL DEVELOPMENT & LIVELIHOOD

More than 1000 youths trained More than 800 youths Placed in Job



# WATER & NATURAL RESOURCE MANAGEMENT

More than 7 ponds desilted and rejuvenated SSL / SWP installed



## MICRO ENTERPRISES SET UPS

SHGS, SMEs etc set up empowering more than 1000 villagers



## HOLISTIC RURAL DEVELOPMENT

50 villages covered under Rural Development More than 1 lakh beneficiaries benefited



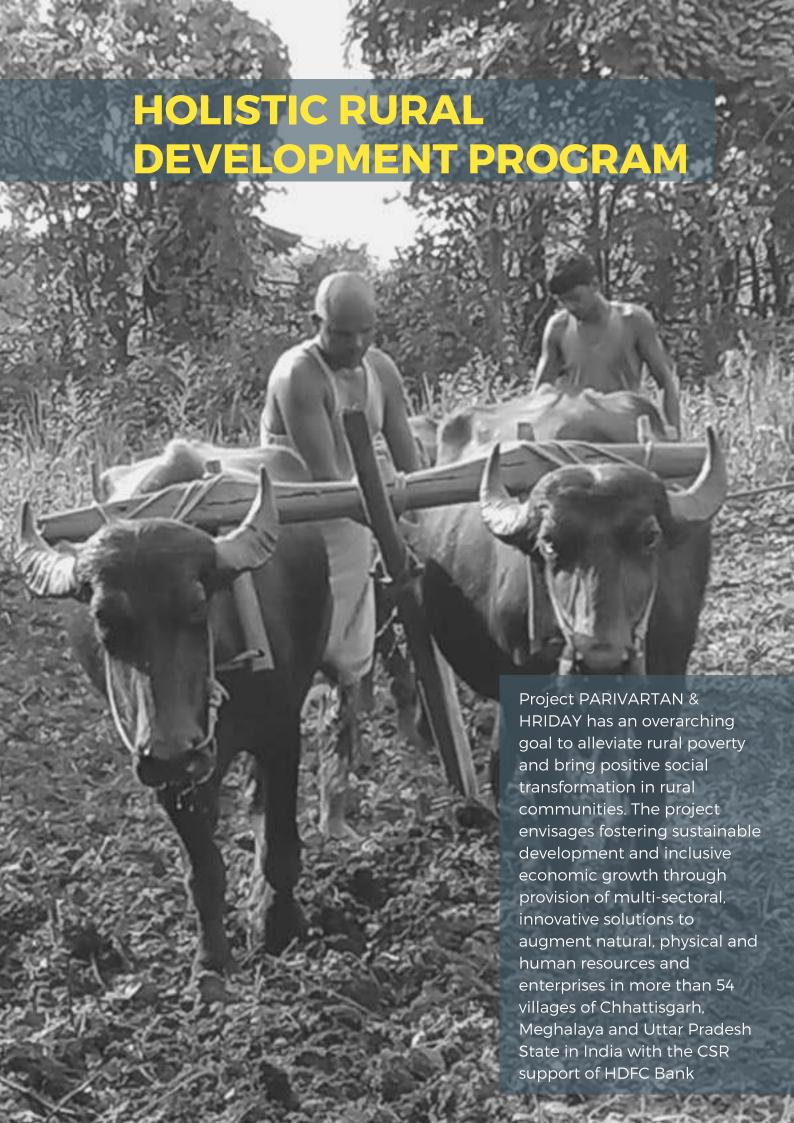
#### WOMEN EMPOWERMENT

More than 500 women benefited through & socio economic upgrades



#### COVID RELIEF WORK

More than 1000 families given Ration, Medical, Skill & Emergency Support



Project Parivartan by HDFC Bank,

4 STATES 4 DISTRICTS 54 VILLAGES



#### **UTTAR PRADESH**

Varanasi

Covered population more than 50000



#### **CHHATTISGARH**

Kabirdham

Covered population more than 48000



#### **MEGHALAYA**

East Khasi Hiills West Jaintia Hills

Covered population more than 10000

The intervention has brought a ray of hope in the lives of those beneficiaries who belong to poor households with the majority of them holding zero or a bare minimum landholding. The replicable nature of the program with the use of existing and available resources alongside easy and adaptable practices has garnered support from the community level stakeholders as well as partners thereby leading to address issues of a larger population. For its best practices, the project has received recognition and accolades from state-level authorities as well. The highlight of the project is in harnessing natural resources and holistic agronomic practices for sustainable higher agricultural production leading to a better livelihood

# **IMPACT**



#### **Empowerment of Farmers**

Farmers were trained on models like Zero Budget
Natural Farming, Multi-Layer Trellis, Organic
Farming, Vermin Compost, Mulching and the yield
of produce has increased multi folds



#### Formation of VDC

More than 57 VDC were formed to disseminate the information on better agri cultural practices



Animal Husbandry- Enhancing yield using Livestock

Interventions like Piggery, Poultry, Fishery has ensured better yield with better fodder and produce management



#### Use of Natural Resource - Bio Gas

The project has emphasized to use, reuse & optimize natural resources for better climate control and low carbon emission like Bio Gas, Pond Rejuvenation, Solar Energy etc



SHGs strengthened

SHGs backed with technical up gradation and skill training has resulted in empowering more than 5000 women of community



#### Non Farming Techniques

Rural Enterprise models like pisci culture, goatry, poultry, apiculture benefiting 3000 families benefit directly enhancing their income by Rs 3000-4000/- per month

# HANDLOOM CENTRE

Weaving dignified futures...











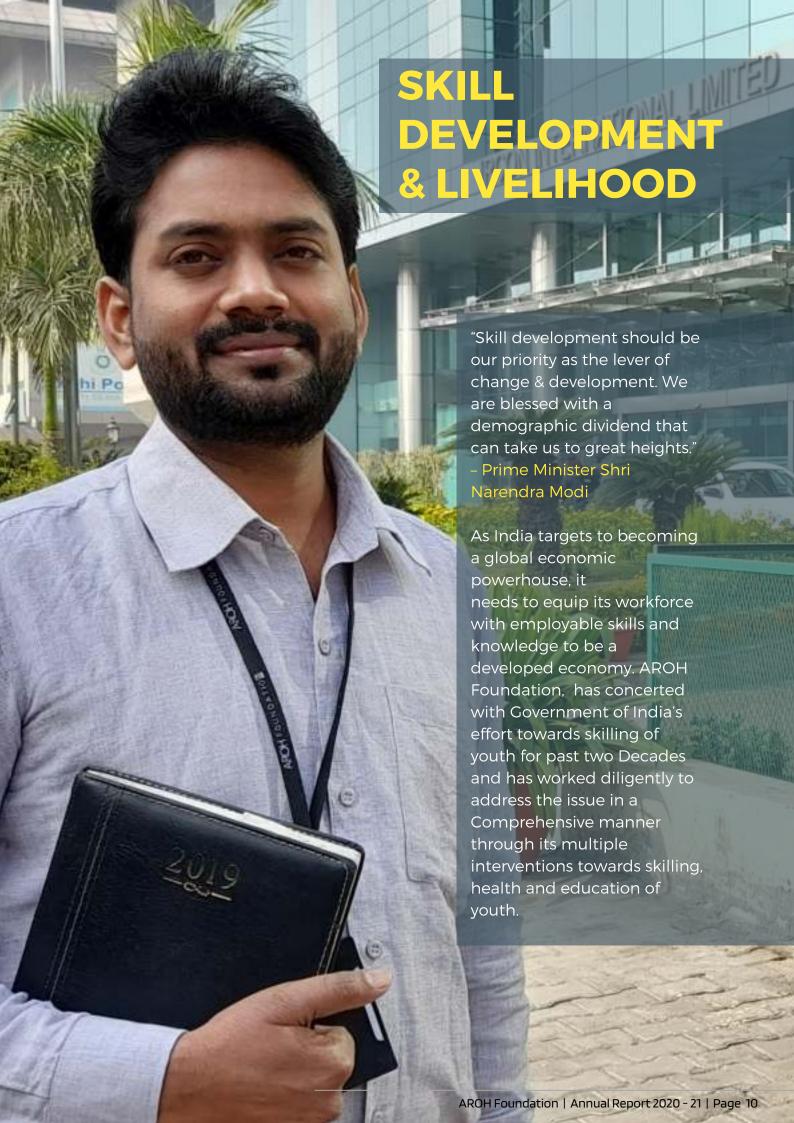
# **#VocalForLocal**

HAND WOVEN FABRIC OF INDIA COVER 95% MARKET OF HAND WOVEN FABRICS IN THE WORLD!

Promoting indigenous handloom craft & sustainable livelihood for marginalized women, 2 Handloom Centers were recently opened in the villages of West Jaintia Hills, Meghalaya under under project PARIVARTAN

# The Impact

- 2 handloom centres inaugurated
- More than 100 women shall be upskilled in handloom craft
- Women provided with sustainable livelihood
- Linkages shall be facilitated
- Women and their families shall have upgraded socio economic stature
- Indigenous craft shall be promoted



#### **FLEXING THE SKILL MUSCLE**

India is on the threshold of growth and development and is poised to become the third-largest economy of the world by 2030. Being a young nation, we are getting ready to reap the benefits of our demographic dividend. A Government of India skills gap analysis shows that by 2022, the country will need an additional 109 million skilled workers in 24 key sectors of the economy. These statistics set the context and highlight the urgent need to enhance the existing skills sets of millions of youngsters, to facilitate their transition from an academic to a professional life, and make them competent and confident to be a part of a global workforce. to curb the factors of degrading demographic dividend of India, AROH adopted a twin way strategy of job placement and self employment to counter the issue and empower the youth and empower them into economically contributing resources.



# PLACEMENT LINKED EMPLOYMENT

## DEEN DAYAL UPADHYAYA GRAMEEN KAUSHAL YOJNA (DDU-GKY)

Placement linked methodology Ωf skill where development, skill training market/employer driven trades under flagship projects of Gol like Deen Dayal Upadhyay Grameen Kaushal Yojna (DDU GKY), (erstwhile referred as Aajeevika or SGSP (SP) is provided, especially beneficial for the youth that aims to be placed in urban set up . Youth from difficult, remote & poverty stuck belts are mobilised, brought to training facilities, are trained by expert trainers free of cost and are also supported with placement linkages.

AROH has achieved overarching goal of skilling more than 25000 youth including 7500 girls from various states by far out of which around 20,000 are placed with top employers of the country and abroad and are living a self-resilient lives.



#### SELF EMPLOYMENT

## ENTERPRISE & ENTERPRENEURE DEVELOPMENT

The other approach adopted by AROH Foundation is of Self Employment methodology of skill development, where trainings is imparted in skills which could empower an individual to run an enterprise, a SHG or enhance an already existing resource, enterprise, craft or traditions. This radical strategic approach to empower youth through imparting skills that has strong backward linkages (which ensures regular, cheap and best raw materials) and forward linkage (that ensure market demand, sale and expansion possibilities), has benefitted around 22000 women to get sustainable income, created 1500 SHGs. 520 rural enterprises, empowered 50.000 farmers 25000 youth pan India and eventually benefiting lakhs of family.

AROH, through its Holistic Rural Development Projects is now able to provide services to over 50,000 small and marginal farmers and rejuvenating 10,000 hectares of land with new, organic and better farming practices.

"We are quite gung-ho about our demographic dividend; there is agreement that without having gender equality in skilling and workforce, this dividend is going to remain a distant dream. Currently, there are only 27 percent women in workforce as compared to nearly 80 per cent men. Without wasting any time, we must design policies and find solutions to overcome the challenges and vulnerabilities faced by young girls, especially in rural sector. It is imperative for reaping the true potential of our demographic dividend. And so while designing, planning, implementing several interventions, women are kept as pivot by AROH in the role of beneficiaries as well as rganizer.cross a wide range."

- Dr. Neelam Gupta

DDU GKY by Ministry of Rural Development, Project Sampoorna by AlCLand Project Parivartan by HDFC Bank

> 10 STATES >5000 YOUTH TRAINED & PLACED

# SKILLED & PLACED

**DDU GKY** 

3 states 1000 youth Trained 800 Youth placed

## SKILLED FOR ENTERPRISE / SHG

PARIVARTAN, Sampoorna 3 states

> 1500 SHGs, 520 rural enterprises created

## SKILLED AS ENTERPRENE URE

PARIVARTAN, Sampoorna 3 states >10,000 Villagers & >22000 women Trained







Both the approaches are strategically designed by AROH to address demands, availability and socio - economic set up of the demography. Though the framework is designed in a strategic way, AROH often deals with challenges of dropouts, low women participation, lack of expert trainer, backward & forward linkages, which are restrained with mass mobilization, utilization of local resources & assets for deeper penetration and sustainability. The present numbers are just initial investment results of the plan; still, they imitate a large vision. And mavens like AROH are called out to come forward, demonstrate and lead in making India, "The Skill Capital of the World".



Team AROH and HDFC Bank supported me to install vermi compost at my home. I have been using chemical free, low cost manure for my backyard kitchen garden having cabbage and many other crops. The yield is and quantity."

> BrijRaj Ramaipatti Village Pindra block, Varanasi,





# Vermi Compost An initiative towards healthy, eco - friendly farming

and sustainable livelihood

- Better Agritultural Practices introduced for 75 farmers in 15 villages
- A parallel sustainable livelihood options created by introducing vermi product
- Chemical-free, Low cost, Easily manufactured substitute for Chemical loaded manure
- Increased socio economic stature
- Better Health Quotient within villagers

HRDP. 15 Villages . Pindra Block . Varanasi . Uttar Pradesh



# Goat Rearing A Profitable Agribusiness for Women





Distribution of 243 high quality breed of Jamunapari Goats, Facilitating Insurance & Vaccination, Establishing SHGs for poor, marginalized & destitute 81women, enabling them to experience Socio-Economic Empowerment, Selfsufficiency, and Dignity of labor and life





Project RISE by AICL, Project School Sanitation by Aditya Birla and Project
Parivartan by HDFC Bank

> 50,000 CHILDREN BENEFITED >500 GOVERMENT SCHOOLS SUPPORTED



RISE

SLUMS OF DELHI
> 1000 CHILDREN BENEFITED

# FORMAL EDUCATION

PARIVARTAN, SCHOOL SANITATION

> 100 SCHOOLS BENEFITED >10,000 CHILDREN BENEFITED

## EARLY CHILDHOOD DEVELOPMENT

PARIVARTAN, SCHOOL SANITATION

>5000 CHILDREN & MOTHER
BENEFITED

>100 AANGANWADIS
RENOVATED







This was the year of COVID. while all the schools and learning centres remain closed, AROH used this time to renovate and upgrade school infra instantly after the relaxation in the lockdown was given.

The remedial education project RISE instantly and very swiftly shifted to online teaching and learning mode and continued education for around 1000 children of Delhi slums.

Team AROH also used our educational liasons to do extensive awareness and counseling sessions to help people overcome their psychological, and other stresses due to lockdown.

# IMPACT



#### **Digital Learning Outcome**

Through Remedial Education RISE initiative, more than 1000 children in Sangam Vihar & Mundka slums of Delhi continued education during lockdown digitally



#### Better & Healthy Individuals

Through Remedial Education RISE initiative, more than 1000 children in Sangam Vihar & Mundka slums of Delhi are also supported in improving CCA and Nutritional quotient



#### Updated Digital Mode of Learning

Schools and RISE centers are facilitated for digital mode of education including installation of SMART classes, WIFI, distributing pre owned laptops, tabs etc



#### Extensive awareness during Corona

extensive awareness and counseling sessions to help people overcome their psychological, and other stresses due to lockdown.



#### Focus of Early Childhood Development

More than 200 Aanganwadis are renovated into SMART ones ensuring healthy and strong childhood foundation



# Awakened & Awared Parents & Community

Lakhs of parents and related communities are awared about importance of education, especially of girls, ensuring better future of the nation

# Developing Safe & Vibrant Learning Environments





# 1/3rd of children in India enter school unprepared to learn!

AROH Foundation aims to fix this gap
while building 4 Early Childhood Education
Centers 'Angawadis' in Bodla block,
Kabirdham district of Chhattisgarh under
HDFC's Parivartan



# SAFE, HEALTHY, VIBRANT AND CHILD-FRIENDLY LEARNING ENVIRONMENT THROUGH 4 RENOVATED SMART ANGANWADIS

#### More than 115 children benefited with

- Facilitated Basic Infra,
- Drinking-Water & Sanitation,
- First Aid support,
- Playing Aids,
- Uplifted Building, &
- TLM Support







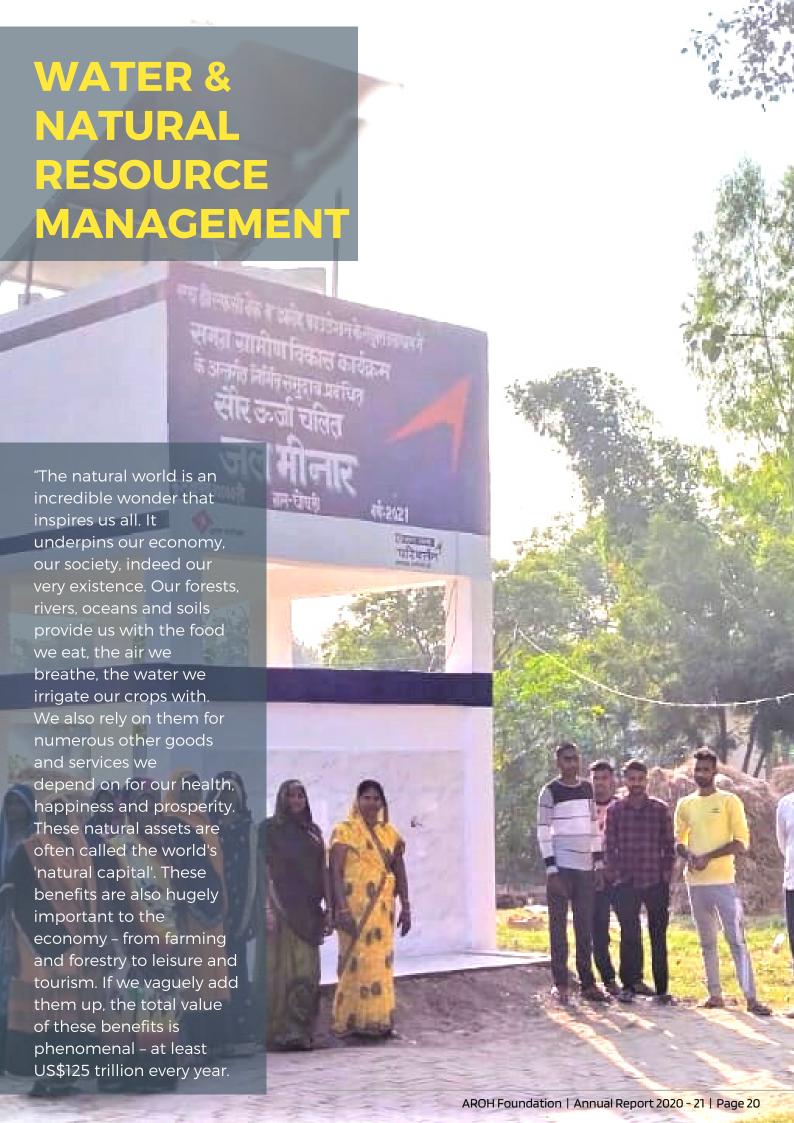




Goal 3 - to convert 2500 traditional schools to smart schools

SMART Class intervention enabled more than 1772 children in 6 schools of Pindra with better inquisitive mindsets, creative thinking, logical reasoning and develop them into a leaders and better decision makers in life.

In the coming years, all 6 identified schools are aimed to be converted into SMART schools with the facilities of Water, Sanitation, Playgrounds, SMART Classes, Libraries and Laboratories with School Renovation under project Parivartan 15 villages . 6 Government Schools. 1772 Students. HRDP . Pindra Block . Varanasi . UP



Project HARIT by HCL, Project Parivartan by HDFC Bank, Project School Sanitation by Aditya Birla, Project Sampoorna by IICA & AICL

> 100 ACRES OF POND REJUVENATED > 50,00,00,000 CUM GROUND WATER RECHARGED REDUCED CARBON FOOTPRINTS >1,50,000 HOUSEHOLD, IN 137 VILLAGES BENEFITED



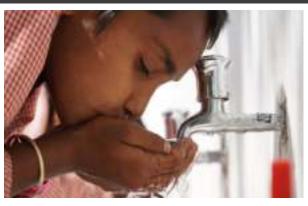
Pond Rejuvenation, Check Dams & RWH repair, Farm ponds, Low water consuming farming etc

### NATURAL RESOURCE MANAGEMENT

Organic & Zero Waste Farming, Plantation and Green Belt creation, Water & Natural Resource Augmentation

### RENEWABLE ENERGY MANAGEMENT

Solar run Water pumps, Solar Street Lights, Home lights, Bio Gas using cow dung,







Taking some quick actions towards Water and Natural Resource Management, AROH has rejuvenated 100-acre ponds, renovated damaged Check Dams & Rain Water Harvesting systems, created Farm ponds and promoted low & medium water consuming farming techniques like Sprinkler, Drip Irrigation, Flood Water bunding etc. In addition to this, taking a quick action towards Climate Action, many initiatives like installation of Solar Run Water pumps, Solar Street Lights, Solar Home Lights, Farming & Kitchen Gardens with organic methods of production, installing Toilets, are done. Ecological balance is also ensured with Pond Watering, Plantation drives, creation of Green Belts, recycling animal waste etc are done. All these interventions are intended for enhancing water & oxygen footprints and reducing carbon footprints

# **IMPACT**



#### Water Conserved & Augmented

With the intervention of 100 acres of pond rejuvenation, repair of 3 RWH and 7 Check Dams and introduction of low water consuming farming 50,00,000 cum water recharged



#### Natural Resources Reused

Plantation Drives, Promoting Green Belts, Ensuring healthy eco culture through Pond rejuvenation, Organic Farming help create healthy Eco-system



#### Aligned to Government of India's Jal Shakti Abhiyaan

Ponds Rejuvenation & beautification, Repair of RWH and additional Water Conservation work are aligned to Jal Shakti Abhiyan and are supported through convergence



#### Access to Water Ensured

Through the intervention of Solar Water Pumps, RO, Water Posts, Hand Pumps repair and Water Testing, RWH repair and pipeline around 137 villages ensures access to water



#### Renewable Energy Promoted

Use of Solar Energy for Water & Light, using Animal Waste for manure and cooking fuel help in reducing carbon footprints



Awakened Community towards Importance of Water & Climate

More than 2 lakh people awakened towards the importance of Water & Climate through awareness drives, Jal Chaupals, Jal Samoohs etc







समग्र ग्रामीण विकास कार्यक्रम 15 गाँव . पिंडरा ब्लाक. वाराणसी. उत्तर प्रदेश



ग्रामीणों द्वारा अधिकतम पहुंच और उपयोग के लिए 5 गांवों में सौर ऊर्जा से चलने वाली छने जल की मीनार की रणनीतिक स्थापना

#### प्रभाव

- 5000 से अधिक आबादी सुरक्षित पेयजल तक आसानी से पहुंचकर लाभान्वित हुई
- सौर चलित संरचना ऊर्जा संरक्षण और पुनर्चक्रण सुनिश्चित करती है
- ऊंचा सामाजिक-स्वास्थ्य कद
- ऊंचा पर्यावरणीय कद





#### The Plan

- Holistic Rural Development starts only with ensuring basic facilities to the villagers, one of the most important of them being Water.
- Meghalaya is a richly rainfed state but still, people were facing scarcity of drinking water facilities at their easy convenient place.
- Team Parivartan decided to renovate and upgrade an existing storage tank by PHE, which was defunct for a long time.
- The need was to facilitate a motor pump to lift up stored water.
- Team Parivartan installed a Solar Run Water Lifting pump, and other amenities to ensure water was supplied at a place nearest to doorsteps.

#### The Support

- All the appliances like the pipes, tab, water keys etc.
- Civil materials like sand, cement etc.
- Solar panel plates, controller machine etc.
- Technical person require for installation and construction process.

#### The Impact

- **118 Households with 454 populations** supported with easy water facility in Laitmynrieng village
- · Reduced drudgery,
- **Increased opportunities of livelihood** with saved time from fetching water
- Increased Health & Social stature of the villagers
- Climate & Environment Friendly



WOMEN EMPOWERMENT

"AROH Foundation is a leading national NGO striving to create an equitable society where all human beings coexist with dignity. The Foundation was established in with the mission to provide effective assistance to the underprivileged, weak and marginalized individuals and communities, especially women, in rural and semi-rural areas and slums to alleviate poverty and uplift their status. The Foundation has been able to bring a meaningful difference in the lives of 2.5 lakh women through its various initiatives towards education, skills and livelihoods development, rural enterprises, health and sanitation, and renewable energy solutions.

AROH Foundation has been implementing an exemplary and pioneering range of womenempowerment initiatives to address various issues and challenges faced by women. In partnership with Government schemes like DDUGKY and CSR initiatives of various reputed PSEs and corporates, the Foundation has been able to reach out to the women across the county, who are most vulnerable, poor, tribal, marginalized and those residing in naxalite-affected villages, through holistic and multidisciplinary approach.

The Foundation has won several awards and recognitions for its efforts and initiatives to serve poor and marginalized communities, especially women.

Project GARIMA by WAPCOS, Project Parivartan by HDFC Bank, Project School Sanitation by Aditya Birla, Project Sampoorna by IICA & AIC, Project RISE by AIC, project HARIT by HCL Foundation, DDU -GKY by Govt. of India

> 2.5 LAKH WOMEN
BENEFITED DIRECTLY
WITH SKILL
DEVELOPMENT,
LIVELIHOOD,
EDUCATION AND
SOCIO - ECONOMIC
EMPOWERMENT
>5000 GIRLS
BENEFITED WITH
EDUCATIONAL
INTERVENTIONS



> 20,000 women engaged either in job or self-employment Educational status of > 25,000 girls improved

Access to water has given freedom from drudgery and poor health to more than 1,50,000 women in various states Clean energy through biogas, solar lights, solar water pumps, biomass stoves, etc. has given better health and life to more than 1,00,000 women in 100 villages

Initiatives of the Foundation on health and sanitation have resulted in reduced instances of illness, improved security and safety of more than 1,00,000 women

Empowering and enriching programmes on financial inclusion and social awareness have improved the self-esteem and negotiating power of women and made their lives better and more meaningful by reducing gender disparity.







AROH's contribution towards Sustainable
Development Goals, in particular GOAL 5, has been
recognized and awarded by United Nations Global
Compact Network India (UNGCNI).

AROH's untiring efforts towards various aspects of women's empowerment meet the most pressing requirement for the country as we stand on the verge of a rich demographic dividend. Being a women-led organization, and having impacted and transformed the lives of nearly 5 Lakh women,

While women remain at the centre of all violence and problems during and after COVID, AROH had planned some dedicated efforts to maintain her socio - economic and psychological stature.

# **IMPACT**



## Empowered through Educational & Health Interventions

More than 5000 girls benefited through interventions of Remedial Education, Formal Education, Adult Literacy, Aangawadis and Smart education



Empowered through Enterprise / Enterpreneure & SHG development

More than 20,000 females skilled under and empowered into enterpreneures, enterprise and SHGs



Empowered through Access to Basics

Access to basics like water, sage sanitation, clean energy has empowered and given freedom from drudgery and poor health to more than 1,50,000 women in 100 villages



Empowered through Skill Training & Job Placement

More than 7000 girls skilled under project DDU GKY and placed with top national and international employers



Empowered through Financial Inclusions

More than 1 lakh women empowered through interventions of Financial, Digital and SMART education



**Empowered through Awareness** 

More than 2.5 lakh women benefited directly and an entire community of around 10 lakh awakened towards women rights, laws and importance



# SKILL DEVELOPMENT & LIVELIHOOD ENHANCEMENT

AROH Foundation facilitated **Free Seed Distribution**, **Training, and Drip Irrigation facility** to 50 small & medium farmers in Bodla Block of Kabirdham District in Chhattisgarh in convergence with Krishi Vigyan Kendra (KVK)

Wife of beneficiary Jagu Ram Patel, Khairbana village is overwhelmed with high production in 0.5 acre maize production. The family could earn an extra income of around Rs 4500 with the support from team PARIVARTAN





# BROOM MAKING UNIT

Newly established center ensuring Livelihood, Revenue & Value Chain systems









#### **Impact**

The Broom Making Unit is established under PARIVARTAN to empower 12 women in Making, Storing, and Selling Brooms in the local vicinity.

# Expected OutcomeEnhance Skill & Income

- Enhanced Socio-Economic stature
- Establishing Self Sustaining Revenue Model
- · Training more women in the skill





Project Parivartan by HDFC Bank, Project School Sanitation by Aditya Birla,
Project Sampoorna by IICA & AICL

10 STATES
MORE THAN 2 LAKH
POPULATED
BENEFITED
TOILETS, WATER,
NUTRITION
ADDRESSED
MORE EMPHASIS ON
FEMALE & CHILDREN

# SAFE WATER & SANITATION, NUTRITION, HEALTH, WASTE MANAGEMENT & AWARENESS

- Construction of School Sanitation units and Safe drinking water units in >80 schools
- Construction of Individual Household Toilets and Drinking Water posts in >50 villages
- Installation of >500 Organic Kitchen Gardens for ensuring proper nutrition
- Provision of nutrient supplements to the children
- Provision of vitamin, iron supplements for >1000 children
- Enabling >30 villages for Waste Management
- Installation of dustbins, garbage disposal and collection center in >20 villages
- Launched Mission Period Freedom to provide free sanitary support to 1 lakh needy females
- Conducting mass vaccination for mother & child
- Aligning to Poshan Abhiyaan
- Mass awareness drives, camps for Health, Hygiene and Sanitation









More than 3 lakh people including females, children are directly & indirectly benefited through the continuous interventions of Health & Sanitation by AROH

# **IMPACT**



Ensuring Access to Safe Sanitation

More than 80 schools and 50 villages supported with toilets. Schools are ensured with separate Girls & Boys toilets benefiting >5000 students



Ensuring Access to Safe Drinking Water

More than 80 schools and 50 villages supported with solar-run and normal drinking water units benefiting more than 3 lakh of population



#### **Ensuring Access to Proper Nutrition**

>500 Kitchen Gardens installed in villages, School nurseries set up, Supplementary Food given to students and children at RISE and Aanganwadis



#### Aligning to POSHAN ABHIYAAN

Aligning to Government's POSHAN ABHIYAAN, health camps, nutrition exhibition, vitamin & iron supplements distribution done benefiting more than 10,000 mother & children



Vaccination, Health & Awareness Camps

Vaccination and Health Camps at regular intervals are conducted for Pregnant & Lactating mothers, Dental health, Menstrual Health etc benefiting lakhs of women



#### Mission PERIOD FREEDOM

Mission Period Freedom was launched to liberate 1,00,000 needy women from Period Pain & Shame by facilitating them with free sanitary product, awareness & care support

MECHALAYA NATIONAL INTERNATIONAL EDITORIAL COVID-19 More-

# The Shillong Times

A child washes her hands during a programme to mark World Toilet Day.

By By Our Reporter - Last updated Nov 20, 2021



A child washes her hands during a programme to mark World Toilet Day on Friday. During the programme, which was jointly organised by AROH Foundation and HDFC Bank Ltd, members of the Foundation provided demonstration on how to make use of the cleaning kits, which were handed over to the villagers in Laitlyting, Laitmynrieng, Wahlyngkhat, Langkawet, Nongmadan Shadsngi, Myllat, Lyting Lyngdoh, Tangmang, Mawlam and Siatbakon of Pynursla Block.







KITCHEN GARDENS BY AROH

# A STEP TOWARDS FOOD SECURED & HEALTHY INDIA







While thousands of people struggle for two-square meals, Kitchen Gardens by AROH were a sustainable source of Food, Nutrition & income for villagers

# HAPPENINGS OF THE YEAR

Even during COVID lockdown, AROH Foundation virtually witnessed all important event and days designated by United Nations, accredited nationally or international as an opportunity to promoted social, physical & economical harmony, cohesion and spread the message of goodness amongst less privileged



## World Health Day

Health is a Right. We at AROH reiterated the importance of #SDG3 "Good Health & Wellbeing" through health checkups, workshops, awareness drives all over India on World Health Day on 7th April, 2020



## World Environment Day

Earth is what is common in us!
AROH conducted plantation drives,
awareness and other activities, taking
charge to educate the society towards
Save Earth. Save Environment on
World Environment Day on 7th June,
2020



## International Yoga Day

Regular practice of Yoga keeps us physically, mentally, spiritually healthy and balanced at no extra cost. AROH promoted Yoga as a practice for Sustainable living on 21st June 2020 on International Day of Yoga



## World Youth Skill Day

AROH promoted active engagement of youth in sustainable development efforts is central to achieving sustainable, inclusive and stable societies on World Youth Skill Day on 15th July, 2020



# Launch of Mission Period Freedom

AROH launched Mission Period Freedom to facilitate Free Sanitary Napkins to 10000 women for free and help them in better Menstrual Hygiene Practises on 15th August, Independence Day 2020



### Antyoday Diwas

Grateful candidates from AROH's DDU-GKY center paid tribute to the profound philosopher & scholar Deen Dayal Upadhyay ji on his birth anniversary who gave us the idea of Antodaya - Upliftment of the last poor person on Antyodaya Diwas on 25th September, 2020



## Gandhi Jayanti

Reviving the modern-day charkha for sustainable livelihood, AROH inaugurated a carpet making unit in Binawar village of Budaun district of UP by BDO shri Swadesh Kumar, aiming to benefit hundreds of women and their families on Gandhi Jayanti, 2nd Oct 2020



## Child Rights Day

Not realizing their true potential will be our misfortune. realizing each child can be a story of success on Child Rights Day, 20th Nov, 2020



## Farmer's Day

We saluted all the female farmers who are standing shoulder to shoulder & toiling hard on the ground to ensure our food security on Farmers Day on 23rd December, 2020



## National Girl Child Day

AROH conducted events, workshops and awareness session to enforce GIRL CHILD RIGHTS on the ground on the occasion of National girl Child on 24th Jan, 2020



## **Deworming Day**

Team #Harit celebrated National Deworming Day on 10th February aiming to ensure the sustainability of the intervention through mass awareness campaigns with local representatives & children, who shall act as "Green Ambassadors" taking the responsibility to repair & maintain the pond.



## Women's Day

AROH promoted to not hold our women back! By unleashing the true potential of women, we can shape a more equitable workplace and give impetus to higher economic growth on International Women's Day 2020, 8th March 2020

# AROH launched a series of pep talk show through Facebook live called 'Samvaad' to interact, counsel, guide and support people in need

















Through very popular series of Samvad pep talks, Dr Neelam Gupta took the lead to interact with beneficiaries, staffs, stakeholders and everyone who joined on Facebook to share their trauma, agony, distress or even mere emotions during Corona lockdown.

Burning topics like Domestic Violence, other form of violence, Psychological stress, Child Labour, Health & Hygiene were taken up, discussed and guided off further. Experts of the subjects were invited in the session to guide the audience.

Samvaad had become a very loved sessions within the masses, and was considered to be stress and trauma busters within the attendees.

# YOGA for Mental and Physical Health in COVID Times – Webinar by AROH Foundation on International Yoga Day 2020



Yoga is the ancient Indian system, given to us by our Rishis, that connects the mind and body. It is a set of exercises and techniques that balance the mental and physical state of our bodies, bringing them to health and harmony. Yoga day theme of 2020, "Yoga at home and Yoga with Family", signifies the time of COVID outbreak and social gatherings being avoided during the period. Marking the importance of Yoga in our lives and to build a greater awareness and knowledge about Yoga, AROH Foundation organised a webinar "Home, Health and Happiness" to celebrate the International Day of Yoga 2020. The Webinar was attended by more than 100 participants from different walks of life. Several participants joined from overseas.

Dr Neelam Gupta, President & CEO, AROH Foundation, moderated the webinar, which brought together renowned yoga guru, Dr Ravi Yogi and Mental Health & Pranic Healing Expert Ms Nita Aryasomayajula to share their insights on how the ancient philosophy of yoga can help in leading a healthy, happy and stress-free life and how mental health leads to healthy life. Dr Yogi took a practical session to show some easy Yoga Asanas which can help people in maintaining their mental and physical health and wellbeing. Ms Aryasomayajula guided the participants on how to deal with escalating issues of depression, loneliness, anxiety and stress during covid through counseling and conversations.

An educating question answer session further nurtured the audience to deal with physical and mental obstacles in leading a healthy life through yoga and mental wellness. Adding icing to the cake, all participants were also provided with a participation certificate at the end of the webinar.

Closing the webinar and thanking the guests and participants, Dr Neelam said "Yoga is an invaluable ancient Indian practice with numerous benefits to both physical and mental health. Given the context of the current COVID-19 pandemic including restrictions on the movement of people and a slowdown in economic activity, the benefits offered by Yoga have become especially important for physical and mental wellbeing. Of particular importance are its proven benefits on general health and immunity enhancement, along with its globally accepted role as a stress buster." she said.

#### WORKSHOPS & SEMINARS

YOGA for Resilient Youth – Webinar by AROH Foundation on World Youth Skills Day 2020



World Youth Skills Day 2020 has a challenging context. The COVID-19 pandemic and lockdown measures have led to the worldwide closure of technical and vocational education and training institutions, threatening the continuity of skills development.

In the challenging context of COVID, it is even more important to develop Skills for a Resilient Youth, which is also the theme for WYSD 2020. During the difficult times of Covid19 lockdown, youth are facing unemployment, job loss, and other uncertainties concerning their future. Often youth are not able to handle these challenges and get stressed and depressed. They even get suicidal tendencies and start substance abuse etc., which can ruin their life forever. YOGA can be an effective TOOL to overcome their life and work challenges. Yoga is the ancient Indian system, given to us by our Rishis that connects the mind and body. It is a prescribed set of exercises and techniques that balance the mental and physical state of our bodies, bringing them to health and harmony.

#### LAUNCH OF PERIOD FREEDOM





On the occasion of 74th Independence Day, AROH Foundation, a national level NGO, with a mission to liberate women from Pain & Shame around Periods, initiated a mission "Period Freedom" with an objective to reach out to 100,000 needy girls in urban slums and villages and distribute sanitary napkins to them. At a time of COVID pandemic, when personal hygiene is of utmost importance, the need for hygienic means for women to manage their periods is all the more crucial.

AROH also organized a webinar "Period Freedom" on 13th August 2020 on the occasion of "International Youth Day" and Independence Day to Break the Taboo around menstruation & Promote Freedom of Women from Period Pain and Shame. It is even more important that we step up to end this taboo of menstruation. With more and more awareness that we spread, we need to address both the genders so that we make them comfortable and accept menstruation as a naturally occurring healthy phenomenon, instead of some shameful and impure occurrence that makes women untouchable for the time being.

## **COVID RELIEF WORK**

"The smaller act of kindness is worth more than the grandest intention."

- Oscar Wilde

AROH Foundation was prompt enough to come out with all its corona warrior battalion and support the people in distress during COVID lockdown and beyond. AROH supported more than 1 lakh people with Ration Kit, Safety Kit, Sanitization Supply, Food, Sanitary Napkin, Digital Gadget to students, Livelihood options and Counseling & Awareness



# **Awards**



DMA "Super Achiever Award" to Dr Neelam Gupta for on 20th Feb, 2020



Urja Samman to Dr Neelam Gupta by Urja Foundation on 1st Dec, 2019



CSR Times awarded Jal Shakti as best NGO project and Dr Neelam as "Best CSR Professional of the year on 18th Sept, 19



FICCI recognized AROH's effort towards Water Works while giving "Green Certificate" on 26th Feb, 2020



ASSOCHAM awarded AROH for "Best Skill Development Project" work on 7th June, 2019



Dr Neelam Gupta awarded with "Super Women changing the World" award by Women Economic Forum in April 2019



Holistic Rural Development Project -Chhattisgarh awarded by United Nation Global Compact India on 31st May, 2019



Dr Neelam Gupta awarded with "Best CSR Professional 2019" award by India CSR in April 2019

# EMPANELMENTS & ACCREDITIONS





Signatory to United Nation Global Compact Network of India UNGCN & GCNI



Accredited as validated charity under Global Giving



Accredited by Credibility
Alliance under 'Good
Governance' as per desirable



Accredited with Registration under Trademark Registry



Accredited with Compliance Certificate by Telecom Sector Skill Council (TSSC)



Empanelled with Planning Commission's NGO Darpan (NITI Ayog)



Empanelled with National IA Hub of Indian Institute of Corporate Affairs (IICA)



Empanelled with TISS CSR Hub



Permanent Registration with Ministry of Rural Development (MoRD) for Skill Projects



Empanelled with Ministry of New and Renewable Energy Resources (MNRE)



Empanelled with Ministry of Tribal Affairs



Empanelled with Ministry of Textiles with DC Handicraft section



An ISO 9001 : 2015 Certified Organization



Consultants for the World Bank for CSR India



National Level Monitor (NLM) for Development schemes of MoRD



Institutional member with National Institute of Rural Development (NIRD)

#### **AROH Foundation**

338, Than Singh Nagar, Anand Parbat, New Delhi-110005

Statement of Affairs as at 31" March 2021

Liabilities	Sch.	Amount (Rs.)	Assets	Sch.	Amount (Rs.)
Corpus Fund; Opening Balance Add: Addition during the year		3,46,34,900,00	Fixed Assets:	4	1,06,73,517.70
And Advisor development and Jesus	17	7,46,34,960.00	Current Assets, Learn & Advances.		
Reserves & Surplus:		1.32.30.170.05	Cash de Baris Balance:		
(Refer to Reserve & Surplus)			Cash in Hand		1,16,459.33
			(Cortified by Management) Stock Salamor	5	7.71.48,630.13
Fund Accumulated		2,14,45,201.00	Luans & Advances:	- 550	A MARINE
(Buter to Reserve & Surptus)			Advance flocoverable in Cash or Kind		\$4,12,017,00
			Other Advances	-	2,47,73,862.00
			Grants Roseivable		2,86,74,293.00
Secured & Unsecured Joans Lawrenced Instit					
Point Americ per Inf		60,000,000.00			
Current Liabilities					
Espessos Pavable	1	23,77,580.00			
Sundry Creditors	2	1.11,62,997.03			
TD5 Cayable	3	8,45,10e.00			
		13,92,95,779.16			13,92,96,779.16

Significant Accounting Policies and Notes to the

occupie.

The Schedules referred to above form an integral part of the Balance Siteri.

For AROH FOUNDATION

For AROH Foundation

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resident

Place Dellei

Chme 20/12/2021

FOR AROH FOUNDATION

Sacratary

(Rahul Kumur Goyal) Prop.

MRN. 027316

UDIN: 21427316AAAATH6092

DATE: 20/12/2021

#### **AROH Foundation**

338, Than Singh Nagar, Arand Parhat, New Delhi-110005

Income and Expenditure Account for the year ended on 31" March, 2021

Expenditure	Sch	Amount (Rs.)	Income Sc	h	Amount (Ka.)
To Projects Expenses:		1000	By Projects Grants:		
HRDF VARANASI PROJECT	12	26.04,449.06	HILDP VARANASI PROJECT		1,26,14,293.00
HCL HART PROJECT	13	66,92,019,00	HCL HARIT PROJECT		35,75,603.00
GARIMA ANGELIQUE PROJECT	14	15,00,093.00	GARIMA ANGELIQUE PROJECT		15,02,970.00
WAPCOS BARRAICH PROJECT	15	4,60,317.00	WAPCOS BAHRAICH PROJECT		6(19,140.00
IIICA SAMECORNA PROJECTS	16	1,98,27,065.67	BICA SAMPOORINA PROJECTS	1	81,e1,126.00
DDU JEEVIKA BIHAR I PROJECT	2200	A STREET	DDU JEDVIKA RIHAR J PROJECT		1.12 605 00
SCHOOL SANITATION ADTEYA BISLA PROJECT	17	59.54,440.00	00 SCHOOL SANIFATION ADITYA BIRLA PRODUCT		
DOUGES - ROSENE-COURTA PROJECT			DDUGKY AOSHNI-ODISHA PROTECT		75.569.00
DOUGEY-BHARII PROBET	18	77.21,807.00	DOU GKY-BHAR-II PROBET	1	1,61,24,375.01
DOUGKY-ODISHA-ILFROJECT	19	30407,979.00	DDU GKY-DDSHA-II PROBECT		5,975.00
DOG CROY-UP PROBECT	20	77,16,499.00	DOU GKY-UP PROJECT		4.27,920.00
KEN PROHECT	21	89,26,098.00	RISE PROJECT		90.13,272.00
ORDY UP PROBECT	22	2.02.34,934.24	HRDP UP PROJECT	- 1	1,79,76,136,00
HIDP COLL PROJECT	23	1.04.04.805.02	I HROP CCH III PRODECT		1,26,81,608.31
HITCH MICH III & IV PROJECT-LAST KHASE PROJECT	24	1,14,89,165,10	HEOP MORELY PROJECT, EAST KHASH PROJECT		1,71,97,942.00
HIRLE WEST CAINTIA MCDEPROBECT	25	42.14782.96	REEP WEST JAINTIA MICH PROJECT		\$34.9K575.00
SCHOOL SANIEATION ADITYA BIBLA PROJECT	26	31.63.593.00	100 SCHOOL SANITATION ADITYA BIRLA PROJECT		1,22,67,110 (8)
POLA EDUCATION OF POOR & ORPHAN'S		44.09	IIII FORA-FEDUCATION OF POOR & ORPHANS		1,17,729,77
To, COVID HEALTHCASE EXPENSES	- 1	10.51,750.00			
To MISC PROJECTS	- 1	+	By MISC PROJECTS 10	0.	1,33,58,669.71
To ADMINISTRATIVE EXPENSES	27	19,76, 854.56	By INTEREST RECEIVED 11	1	17,53,9%.00
To, DEPRECIATION	4	30,72,455.61			
Tw. DUCESS OF INCOME OVER EXPENDITURE CID		2,83,52,001.40	BY, EXCESS OF INCOME OVER EXPENDITURE C/D		
Total	$\neg$	13,90,66,233.74	Total		13,90,66,213.74

For AROH FOUNDATION:

For AROH Foundation

President

Place: Delhi

20112 2021

For R K Goyal & Associator Chartered Accountants

THE RESIDENCE OF STREET

Prop MRN, 427316

#### Reserve and Surplus Annessee

Total	6,54,85,649.16		8,56,05,629.16
TO TRANSPER TO BALANCE SHIELD	1,32,30,370.08		
RNE PROJECT HOL HARD PROJECT HOS HESP VARANAR PROJECT HESP MORE PROJECT SCIENT-SAMITATION ACTIVA BREA PROJECT	20,71,942.00		35,07,786,00 35,07,786,00 94,26,787,67
PROJECT : HERSY PROJECT : HERSY MIGHALAYA PROJECT HERSY CLAIM PROJECT REA NAMESCENIA PROJECTS	31,32,640,90 41,37,365,43 49,36,366,00	HOPE PRESECT: HEEP MICHALANA PRESECT HEOP CHE PROSECT HEOP CHE PROSECT HE A SANIFOCIENA PROJECTS	13,00,604,00 50,41,225,00 19,30,646,00 31,91,710,00
FEGURACIONALE PROJECT FEGURACIONALE PROJECT FEGURACIONALE PROJECT PROJECT	59.79,287.00	DOUGKY-BHARLEPICHET DDUGKS-COBHA ILPICHET FERA-EDICATION OF PICH & CHPHANS INDICT	13,35,428-00 69,618-35
DOUGRY HORPACOURTA PROJECT DOG GRY APPROJECT DOG GRY AIRMAN PROJECT	74,45,483.95	DOU CKY HOR BN-ODISHA PROJECT DOU CKY-HEAR PROJECT DOU CKY-HEAR PROJECT	44,2870676 5,45,21,05676 36,99,143,00
TO ALL ACCUMULATED FUND: SCHOOL SANITATION ABILY A BIRLA PROJECT	1	BY ACCUMULATED FUND PY 2019-2020 BY I SCHOOL SANGTADON ADITY A BIBLA PROJECT	29,52,296,07
TO, OPENING BALANCE BYD  THE EXCESS OF INCOME OVER EXPENDITURE BYD  THE PARTIEC	2000	BY, OPENING BALANCE R/D BY, PROVISION FOR ADMIN BY, EXCESS OF INCOME OVER EXPENDITURE B/D	19,27,910,94 6,90,096,95 2,01,00,081,40

Significant Accounting Policies and Notes to the Accounts

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FOR AROH FOUNDATION

The behodules referred to above from an integral part of the Balance Store.

For AROH FOUNDATION

For AROH Foundation

President

Pleos Delhi

Date: 50112/2021

For R K Goyal & Associates Chartered Accountable

AROH Foundation | Annual Report 2020 - 21 | Page 46

## AROH Foundation 336, Than Singh Nagae, Anané Parbet, New Delhi-120008

Receipts and Payments Account for the year ended on 31st March, 2021

Receipts		Amount (Ra.)	Payments	Amount (Rx)
EPENING BALANCE BANK ACCOUNTS CARRIEST ASSETS THE RECEIVABLE INVIDENTIAB GOING DECERTED HARDWAR PROBECT PROJECT RECEIPTS: PROJECT RECEIPTS: PROJECT RECEIPTS: HIGH PROJECT HIGH PROJECT HIGH SACH PROJECT HIGH SACH PROJECT GOING ANGELIQUE PROJECT HIGH SACH PROJECT HIGH PROJECT HIGH CASH AND PROJECT HIGH CASH AND PROJECT HIGH CASH OF PROJECT HIGH CASH HIGH PROJECT HIGH PACH HIT PROJECT HIT PACH HIT PROJECT HIT PROJECT HIT PACH HIT PACH HIT PROJECT HIT PACH HIT PACH HIT PACH HIT PROJECT HIT PACH	7.41.54.397.51 2.85.362.09 35.75.003.00 75.75.003.00 1.50.14.393.00 1.72.67.132.00 15.02.370.00 83.24.674.00 4.27.920.00 9.973.00 1.500.054.00 75.599.00 1.79.76.20 1.79.76.30 1.71.87.862.00 1.71.87.862.00	7,44,39,839.51 37,47,614.00	PROJECT EXPENSES.  SANITATION WARCES SENCINVARIENTE PROJECT GARIMA ANJELIO HABILINAR PROJECT GARIMA ANJELIO HABILINAR PROJECT HICL HABIT PROJECT HICL HABIT PROJECT HICL GAYLODISTATION ADITS A BIBLA PROJECT HICL HICL PROJECT HICL HICL VARANASE PROJECT SCHOLE SANITATION ADITS A BIBLA PROJECT HICL SANITATION ADITS A BIBLA PROJECT HICL SANITATION ADITS A BIBLA PROJECT HICL GAY BE PROJECT DIST GAYBERT PROJECT TO ADMINISTRATION TO CONTO HEALTH CABE  OTHER RAYMENT: FORD AMETE	1,23,750.00 4,75,7760.00 74,77,490.00 75,67,490.00 75,67,490.00 14,69,725.00 14,69,725.00 14,69,725.00 14,69,725.00 14,69,725.00 15,52,139,3 1,19,64,100.00 15,52,139,3 10,51,750.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,050.00 25,42,
MANK PURINGETS  ANK P		1,35,46,939.71 3,37,232.00 11,545.00	Parallel and the second of the	30,985,0
			BASIN BALANCE CARREN HAND (Centified by Management)	7,74,46,630,11 1,16,439,31
Total		21.38,78,795.25	Total	21,36,79,795,25

Significant Accounting Princips and Notes to the Accounts

28

The Schools is selected to above form an integral part of the Salance Short.

Tot AROTT POUNDATION.

For AROH Foundation

President

Pace Delle | 20112 | 2021

Far AROH FOUNDATION &

Secretary

MRN: 427Nie

# GOVERNING BODY MEMBERS



#### DR. NEELAM GUPTA

Founder President and CEO of AROH Foundation, is a recipient of the University Gold Medal for excellence in studies. She did her Ph.D. in Agricultural Sciences and has done extensive research and writing in the field of education in collaboration with prestigious bodies like UNESCO, MHRD, ICSSR, etc.

#### **MS VERSHA GUPTA**

A senior computer professional, works with corporate clients to develop computing platform architecture solutions. After graduating in Maths Honours from the reputed Lady Shriram College of Delhi, and post-graduation in Maths from IIT Delhi. With over 25 years of professional and practical experience into software applications





#### MS SUDHA RAJGOPALAN

Currently working as a Chief Program Executive at International Center for Socially Responsible Business and having an experience & expertise of more than 20 years. She has also been responsible for designing, planning, implementation and monitoring of key and extensive CSR projects.

#### **MS SHIRLEY JAIN**

A lawyer by profession took to extensive social work on her own and has, for the past twenty years, voluntarily involved herself in helping out the people in need by counselling them by providing legal assistance to poor and needy women to sort out their problems





#### MS GAYATRI SUBRAMANIAM

With her outstanding professional experience and coming from stellar community of Harvard Graduates, Ms Gayatri will be able to innovative strategies, interventions, opportunities and gaps for ensuring effective policy change in AROH's CSR activities that is in line with the legislative requirements.



A M.Com graduate and a teacher by profession has spent more than 15 years in teaching in schools of repute and has been closely involved in the management of the Foundation and has actively taken part in implementing aspects of educational projects





#### **MS SANA KHAN**

A leading media professional, Ms Sana was associated with prestigious India Today Group, WION and India Ahead Channel in the past. She is a Result-oriented professional with 14 years of experience as News Editor, Anchor, Correspondent and Producer

## GOVERNANCE



AROH has vast human resources to execute and implement various projects maintaining a perfect employer-employee relation.

AROH has 100% female members in governing body

80% females at top managerial positions, 60% females in medium and low level working staff

AROH's development initiative ensure atleast 30% women participation and by far has positively impacted more than 5 lakh females.

## EMPLOYEE STRENGTH

Full Time Employees	> 183
Part Time Employees	> 20
Contract Employees	> 22
Interns & Volunteers	> 20
Consultants	2
Daily Wage Helps	NA



with 80% female staff at top level, AROH hails for its female - friendly policies



#### AROH Foundation at a Glance

#### Name and Details

Organization Name: AROH Foundation

Registered Address: 338, Than Singh Nagar, Anand Parbat,

New Delhi-110 005

Corporate Address: F 52, Sector 8, NOIDA

201301, U.P

Phone Nos: 0120-43284-01 / 05 / 06 / 10 / 13 / 27

Registration Details: Registered as a Society under Societies Registration Act XXI 1860.

(Act & reg. number) Registration No. : S 40061

Date of Registration: 2 August 2001

Type of Organization NGO

Exemption-I.T/S-11 Income Tax Exemption Certificate u/s 12 A & 80 G

FCRA Registration Regd. Under Section 6 (1) (a) of the FCRA Act, No. 231660518

PAN Number AAATA7067P MCA registration No CSR00000044

E-mail arohfoundation@gmail.com

Website www.aroh.in



"You cannot get through a single day without having an impact on the world around you.

What you do makes a difference, and you have to decide what kind of difference you want to make."



## **AROH** Foundation

Office Address: F-52, Sector 8, NOIDA, Uttar Pradesh, 201301 Registered Address: 338, Than Singh Nagar, Anand Parbat, New Delhi-110 005 Contact Details: arohfoundation@gmail.com, 0120- 4328401-30 www.aroh.in







